

EfCCNa Research Award 2025

The transition of the ICU diary – aspects of digitalization

Sara Eklind, MSc, CNN, Malmö, Sweden

This over-all aim of this project is to investigate the transition from an analog to a digital ICU diary while developing, testing, and evaluating it.

The analog ICU diary is well-researched and considered valuable access in recovering ICU patients. Therefore, the transition from an analog to a digital version must be done with great caution so that none of the current effects is lost.

At the same time, the digital version of the ICU diary needs to be designed to enhance the known benefits of digital interventions.

In this first study, we will include users of the traditional, analog ICU diary (former ICU patients with family members, and nursing staff from intensive care units) in the phase of developing a digital ICU diary.