EfCCNa Annual Report 2010

R. Thorsteinsdóttir

Introduction

The Federation can look back at very busy 2010 like preparing the 4th EfCCNa Congress & the FSAIO Spring Congress which will take place in Copenhagen in March 2011 and finishing the bidding procedure for the 5th EfCCNa congress. The Delphi study has been published and two others are awaiting publication.

When looking at the mission and objectives of EfCCNa it is clear that what we wish to achieve is always related to supporting nurses who are at the forefront of providing high quality care for critically ill patients. This report aims to enlarge EfCCNa visibility and illustrate how the activities of Council representatives, strongly supported by their associations, are instrumental in uniquely advancing the contribution of the critical care nursing profession to European Health Care systems. The federation's underpinning philosophy is based on the premise “working together achieving more”.

Politics / collaboration with other organisations

Since 2007 EfCCNa has been a member of the European Specialist Nurses Organisation, ESNO. Past President Wouter de Graaf is the treasurer of ESNO and has also been the representative on behalf of EfCCNa. The position of ESNO is that of an associate member of the European Federation of Nurses (EFN), which is the official platform of nurses in Europe working with the EU commission and parliament. However there has been limited activity on behalf of ESNO in 2010, a matter that EfCCNa will look into in 2011.

During 2010, EfCCNa secretary initiated an action regarding the “EU Declaration 40/2010 Workforce for Health” and the “EU Directive 2005/36/EC Recognition of Professional Qualifications” another. This gives a reason for further discussions in 2011 to raise the political awareness and to carefully monitor actions and documents.

A collaboration agreement was signed between EfCCNa and the European Dialysis and Transplant Nurses Association (EDTNA) that is affiliated with the European Renal Care Association (ERCA). The collaboration will include exchange of website links, mutual support regarding education and at conferences.

EfCCNa continues collaboration with the World Federation of Critical Care Nurses (WFCCN). The main mutual project discussed in 2010 was the journal CONNECT which is the official organ of WFCCN in association with EfCCNa. The contract has now expired and further discussions will continue in 2011,
A collaboration with ESICM has not been made formal but EfCCNa President is on their mailing list over national presidents. There was no activity on behalf of EfCCNa in relation to ESICM in 2010.

**Finance**

The financial position of EfCCNa is reasonably healthy. Available funds can cover expenses made in pursuit of our objectives. Still the past year the Federation’s only income has been the subscriptions from member associations and still some savings from the congress in Florence in 2008. However relying only on membership subscription fees and congresses to progress the aims of the federation will not be enough for the future work of the Federation and there is a need to investigate additional income streams.

The account was closed with a surplus and much of this has been set aside for research and developments, to support the working committees and the organisation of the congress in 2011.

**Members**

By 2010 there are 24 member associations. No new members came aboard during 2010.

**Meetings**

Two board meetings were held in Blaricum, The Netherlands in January with three out of five board members present and November 20-21 with all five board members present.

After an adventures attempt to hold a council meeting in Brussels in April, the meeting had to be postponed it until June due to the ash cloud from Eyjafjallajökull.

Two council meetings were held in 2010, in Brussels in June and Zagreb in September.

**Representation**

<table>
<thead>
<tr>
<th>Country</th>
<th>Representative</th>
<th>Current post</th>
<th>Brussels June</th>
<th>Zagreb October</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iceland</td>
<td>Rosa Thorsteinsdottir, President</td>
<td>Project manager Public Health Institute of Iceland</td>
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</tr>
<tr>
<td>UK</td>
<td>Bronagh Blackwood, Vice-presidents</td>
<td>Lecturer</td>
<td>present</td>
<td>present</td>
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<tr>
<td>Germany</td>
<td>Heike Strunk, Secretary</td>
<td>Lecturer</td>
<td>present</td>
<td>present</td>
</tr>
<tr>
<td>Finland</td>
<td>Anne Kokko, Treasurer</td>
<td>Teacher</td>
<td>present</td>
<td>present</td>
</tr>
<tr>
<td>UK</td>
<td>John Albarran, Board member</td>
<td>Reader/Researcher</td>
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<td>present</td>
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<tr>
<td>Austria</td>
<td>Helga Tschugg</td>
<td>Manager</td>
<td>apology</td>
<td>apology</td>
</tr>
<tr>
<td>Belgium</td>
<td>Lerma Hernandez</td>
<td>CCN in practice</td>
<td>present</td>
<td>present</td>
</tr>
<tr>
<td>Croatia</td>
<td>Adriano Friganovic</td>
<td>Manager</td>
<td>Apology / Robert</td>
<td>present</td>
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<tr>
<td>Country</td>
<td>Name</td>
<td>Position</td>
<td>Present</td>
<td>Apology</td>
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<tr>
<td>Cyprus</td>
<td>Evanthis Georgiou</td>
<td>Teacher</td>
<td>present</td>
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<tr>
<td>Denmark</td>
<td>Mette Ring</td>
<td>Manager</td>
<td>present</td>
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<tr>
<td>Finland</td>
<td>Catharina Alenko</td>
<td>R.N.</td>
<td>apology</td>
<td>present</td>
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<td>France</td>
<td>Daniel Benlahoues</td>
<td>Teacher</td>
<td>present</td>
<td>apology</td>
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<td>Germany</td>
<td>Heike Strunk / Andreas Schäfer</td>
<td>Lecturer / 2010 H.S. present A. S. present</td>
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<td>Greece</td>
<td>Maria Kalafati</td>
<td>Teacher/Researcher</td>
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<td>Hungary</td>
<td>Judit Jakab</td>
<td>Manager</td>
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<td>apology</td>
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<tr>
<td>Iceland</td>
<td>Guðrún Jónsdóttir,</td>
<td>Clinical Nurse Spec.</td>
<td>present</td>
<td>present</td>
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<tr>
<td>Israel</td>
<td>Julie Bebenishty</td>
<td>Academic consultant</td>
<td>present</td>
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<td>Italy</td>
<td>Elio Drigo</td>
<td>Manager</td>
<td>apology</td>
<td>present</td>
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<td>Netherlands</td>
<td>Colette Ram</td>
<td>Staff member ICU</td>
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<tr>
<td>Norway</td>
<td>Tor-Magnus Molund</td>
<td>CCN (bedside)</td>
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<td>apology</td>
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<td>Poland</td>
<td>Edyla Cudak</td>
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<td>Serbia</td>
<td>Gordana Dragosev</td>
<td>Manager</td>
<td>present</td>
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<td>Slovenia</td>
<td>Marusa Bvrar/Drago Satosek 9/2010</td>
<td>Manager /  M.B. present D.S. present</td>
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<td>Spain</td>
<td>Maria Carrion Torre</td>
<td>Quality service co-ord.</td>
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<tr>
<td>Sweden</td>
<td>Eva Barkestad</td>
<td>Manager</td>
<td>present</td>
<td>present</td>
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<tr>
<td>Switzerland</td>
<td>Paul van der Heiden</td>
<td>ICU spec. / teacher</td>
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<td>apology</td>
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<td>Turkey</td>
<td>Yasemine Ergun</td>
<td>Assistant professor</td>
<td>present</td>
<td>apology</td>
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<td>Uk</td>
<td>David Waters</td>
<td>Sen Lecturer CC Nurs</td>
<td>present</td>
<td>present</td>
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<td>ESPNIC Nursing</td>
<td>Irene Harth,  Sen. staff nurse, co-ord electronic doc.</td>
<td>present</td>
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**Reports of the committees**

The work of the committees is the pillar of the Federation and is given time and priority at the autumn meetings.

**Congress Planning Committee**

Members: Jos Latour (Chair), John W. Albarran, Daniel Benlahoues, Elio Drigo, Maria Kalafati

For the CPC committee the most important task in 2010 was preparing for the 4th EICCNa Congress & the FSAIO Spring Congress 2011 which is a joint venture with the Danish Association for Nurse Anaesthetists and Intensive Care Nurses (FSAIO) and will take place on 24-26 March 2011 in Copenhagen.
The Bid document of the 5th EfCCNa Congress 2014 was scheduled in 2010 according the planned schedule. In March 2010 the 3 bidding EfCCNa member associations presented their Bid document at the EfCCNa Council meeting in Brussels, June 2010. The final decision was made by the EfCCNa Council members via voting. It was decided to plan the 5th EfCCNa congress in 2013 in Belgrade, Serbia. The contact person for the CPC will be Gordana Dragosev. The CPC and the Serbian Congress team discussed the preliminary planning of the 5th EfCCNa Congress and these actions will continue in 2011.

The CPC advised the EfCCNa Council to consider a 2-year term for the future EfCCNa congresses. Also, a discussion was started at the Autumn EfCCNa Council meeting to consider organising other educational activities such as Master Classes or Workshops based on clinical issues for a smaller audience. These suggestions will be further elaborated in the future.

**Clinical Practice Guideline Committee**
Members: Colette Ram (chair), Catharina Alanko, Julie Benbenishty, Guðrún Jónsdóttir, Andreas Schäfer

During 2010 most of the group’s work went to make a definition of clinical guidelines, protocols and procedures including starting of developing the first EfCCNa guideline about pain management.

Since the committee was established, guidelines from national association members have been collected and during 2012 the committee will seek permission to put those guidelines on EfCCNa website. The committee will continue to develop guidelines including Mechanical Ventilation, Weaning and Pain management.

Long term goal there will be to publish those three guidelines and develop EfCCNa position statements where the first statement will be on pain management.

**Education Committee**
Members: David Waters (chair), Anne Kokko, Drago Satosek, Evanthia Georgiou and Heike Strunk.

In 2010 the committee project plan was revisited and the planned focus for the coming 2 years will be development of a critical care nursing competency document and possibly supporting position statement on post registration critical care education for EfCCNa.

Extra meetings were scheduled to enable the committee to focus and start moving this project forward: 1 day extra in Brussels & 1 day extra in Zagreb. These were held prior to EfCCNa Council meetings.
Expert guest input from Suzanne Bench (BACCN Member & Lecturer at Kings College London) at Zagreb meeting. Further meetings have been conducted online using WebEx video conferencing software.

For long term planning there will be
- A planned consultation workshop included in EfCCNa Congress program.
- Weekend committee meeting in Cyprus early May 2011 to push forward competency project.
- Further 1 day committee meeting ahead of Jerusalem EfCCNa meeting in October 2011.
- Aiming for project completion in 2012 and to present a follow-up presentation/workshop at EfCCNa Congress in Belgrade in 2013.

**Exchange Committee**

Members: Eva Barkestad (chair) and Adriano Friganovic

In 2010 several critical care nurses from Europe have participated in the programme. The largest group came from Serbia with sponsorship from the Serbian association.

The plan for 2011 is to evaluate the programme during 2011 and establish a scholarship for two nurses for the amount of 300 Euro pr person pr year by 2012.

By 2012 the aim is that the programme will be well established and running smoothly with one person in charge.

**Public Relation Committee**

Members: Irene Harth (chair), Maria Carrion Torre, Bronagh Blackwood, Paul van der Heiden, Eva Barkestad and Paul van Doorn (web master).

Aims of the Committee:
To promote EfCCNa via the web site, the newsletter and other promotional material

There is an overall agreement within the federation that the website should be seen as the first promotional means to present EfCCNa on the web. An editorial board was set up in Zagreb, autumn 2010 that will be responsible for providing updated information to the web master and help with the editorial work of the newsletter.

For the rest of 2010 some of the work suggested was implemented and the work to improve the website will continue. A flyer to present EfCCNa on related congresses etc. will be distributed at the congress in Copenhagen in March 2011.
Research and Development Committee

Members: Dr John Albarran (chair), Julie Benbenishty, Daniel Benlahous, Dr Bronagh Blackwood, Dr Maria Kalafati and Mette Ring

Publications
- E-Link Study paper led by Prof Paul Fulbrook was submitted to the International Journal of Nursing Studies and is currently awaiting feedback. A presentation of the full data will be delivered at the EfCCNa conference in Copenhagen
- A paper on Professional Autonomy and Associations with Nurse-Physician Collaboration and Moral Distress in European Intensive Care Nurses led by Prof E Papathanassoglu and members of the EfCCNa Council will be submitted to the American Journal of Critical Care Nursing

New projects
A further study involving Mette Ring, Ingrid Egerod, John Albarran and members of the R&D has been developed focusing on sedation practices in ICU. This study will be used on delegates at the EfCCNa-FASIO international conference in March 2011

Conferences
John Albarran co-chaired the ISC for 2011 with Dr I Egerod (Denmark)
Some members of the R&D have contributed to the International Scientific committee

Highlights
The joint EfCCNa, CNAP and ESPNIC position statement on Family witnessed Resuscitation has been cited in the 2010 European Resuscitation Council Guidelines

Aim: Develop a small programme of research that focuses on the priorities identified by the Delphi methodology and which harness research expertise of R&D members and others.

- Identify areas of inquiry
- Establish level of expertise
- Develop a realistic and achievable programme of research

Consider commissioning small but focused systematised reviews of the literature (subject for discussion and agreement) that may inform research proposals
Website statistics
Paul van Doorn, webmaster

After a dip during summer the visitors are increasing and reaching the level of 2009.

The most visitors according to this diagram are coming from the United States, but most likely these visitors are robots. It is hard to determine the difference.
The most downloaded file is: “Position statement on the presence of family members during cardiopulmonary resuscitation” (Almost 1400 times)
The plan ahead:

At the council meeting in March 2011 there will be a workshop to discuss and make a strategy plan on how to increase EfCCNa visibility for the three years to come.

At the autumn meeting in Zagreb 2010, all council members reported shortly what kind of challenges they are facing in their country and within the association. Many countries share the same concerns, education, patient safety and work conditions.

In 2010 all representatives have delivered annual reports defining main areas of concern. At the autumn meeting in Jerusalem there will be a workshop to follow up on the reports and make a strategy plan for the next three years to come.

March 20, 2011

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Rósa Thorsteinsdóttir
EfCCNa President