

# 2017

## EfCCNa Annual Report For year ending 2017



European federation of  
Critical Care Nursing  
associations –  
EfCCNa



European Federation of Critical Care Nursing associations

# Contents

---

INTRODUCTION

ACTIVITIES

OUR ACHIEVEMENTS

IMPACT AND VALUE

FUTURE PLANS

FINANCES

## Introduction

---

This is the annual report and accounts of the federation for the 2017 calendar year. The highlight of the year was the success of the 2017 congress in Belfast, Northern Ireland. It attracted more than 400 critical care Nurses, 10 industry partners and was supported by Belfast City Council and Queen's University Belfast.

In 2017 through the work of our project groups, we have achieved many goals and objectives to focus resources and efforts to accomplish more of our mission. These include improving the recognition of critical care as a specialty in Europe; actively engaging in EU health care policy; strengthening our collaborations with other international groups; and seeking new ways of collaborating with industry in partnership. I am confident that these achievements will provide a stronger and more visible federation that 'achieves more' for the future of critical care nursing in Europe.



Professor Bronagh Blackwood  
President

## Activities

---

### **Administrative details**

#### *Board of Officers*

- Bronagh Blackwood (President)
- Anne Kokko (Vice President)
- Colette Ram (Secretary)
- Drago Satosek (Treasurer)
- Elin Steffenak (New Board member with responsibility for Congress)
- David Waters (Board member with responsibility for European Affairs)

#### *Council of Representatives*

Country, association members and representatives can be found at

<http://www.efccna.org/about/member-associations>

### **Meetings Update**

Two Council of Representative meetings were held in 2017: February in Belfast and October in Mainz. The Board of Officers conducted six Skype Meetings and two face-to-face meetings (one before the Council meeting in Mainz and one in Amsterdam).

### **Representation/members**

By the end of 2017, EfCCNa had 27 member associations from 25 different European countries representing individual nurse members.

### **New national representatives:**

We said goodbye to some of our excellent representatives and welcomed new representatives.

Spain – Alicia San Jose replaced Victor Gomez;

Croatia – Jelena Slijepčević replaced Adriano Friganovic

### **EfCCNa fellowship award:**

Evanthia Georgiou (from Cyprus) and Eva Barkestad (from Sweden) were awarded a lifelong Fellowship with EfCCNa.

Evanthia played a pivotal role in developing the EfCCNa competency tool and also assisted in presenting the tool at the EfCCNa congress in Belgrade. Evanthia has led several studies and research projects in her country.

Eva has presented work of EfCCNa at a number of congresses worldwide including Croatia and Serbia. Most notably Eva has led two successful EfCCNa congresses (Valencia & Belfast). Her dedication and commitment to this role has been outstanding. She has made herself available at all hours to manage these congresses & all times has been inclusive of the view of others.

They join ten other EfCCNa Fellows in the Hall of Fame on the website

<http://www.efccna.org/about/efccna-annual-reports>.

### **Activity dissemination**

EfCCNa published two newsletters for member distribution highlighting its activities. These are available on the EfCCNa website <http://www.efccna.org/about/efccna-newsletters>. Additionally, the EfCCNa provided regular information dissemination via its Face book page

<https://www.facebook.com/EfCCNa?ref=bookmarks>.

### **Annual Reports of EfCCNa National Member Organizations**

All member associations answered the following questions;

- What are the most important topics in your National Association?
- What are the main themes in your National Congress?
- What else can do you want to share?

The results can be found here [http://www.efccna.org/images/stories/newsletter/2017\\_2\\_NL.pdf](http://www.efccna.org/images/stories/newsletter/2017_2_NL.pdf)

## Ongoing projects in 2017

*Commercial co-operation:* Elin Steffenak chair, Kaisa Jakobsson, Paul van den Heiden. Ongoing project: a key objective of this project is to promote collaboration with industry.

*EU engagement resource:* David Waters (chair), Karin Klas, Iben Tousgaard, Frederique Paulus. This project group is completing an important European toolbox resource for nurses to assist them in lobbying with EU political agencies. This will be available in 2018.

*Congress 2019:* Organizing Committee Chair: Elin Steffennak; Scientific Committee Chair: Frederique Paulus and Co-chair Bronagh Blackwood; Executive Committee: Dejan Dobersek, Drago Satosek, Rosa Thorsteinsdottir, Irene Harth, Babette Schmidt and Ronald Ligterink. Plans are well on the way for the 2019 congress to be held in Ljubljana/Slovenia.

*Pain management standard development:* Andreas Schaefer (chair), Victor Gomez, Julie Benbenishty, Aleksandra Gutysz-Wojnicka, Sylvia Scelsi. We published this much awaited pain management guideline for nurses which is openly available on our website.

*Nutrition guideline project:* Julie Benbenishty (chair), Jelena Slijepcevic, Alexandra Gutysz – Wojnicka, Victor Gomez Simon, Sylvia Scelsi, Biljana Savic, Karin Klas. We are actively working on a nutrition guideline for critical ill patients, which will be finished in 2018.

*Patient and relative perspectives:* Maria Foka (chair), Paul van der Heiden, Zaneta Bogoevska Miteva, Fanny Crozes, Derek Cribbin, Eimear Fitzgerald, Kaisa Jakobsson, Sabrina Pelz, Lerma Hernandez. This group is actively working on conducting a large survey of European countries with regards ICU patient/relative support groups.

## Our achievements

---

The following are the EfCCNa's key achievements in 2017, measured against the objectives we set.

### **Belfast Congress:**

The city of Belfast, Northern Ireland was the host of the 7<sup>th</sup> EfCCNa congress over two and a half day, from 15 -17 February 2017. Critical Care Nurses came together listened and were engaged under the theme "Working together – achieving more". This congress also highlighted Pediatric Intensive Care and the European Society of Pediatric and Neonatal Intensive Care (ESPNIC) contributed and sponsored sessions concerning child and family care.

The congress was very successful with more than 400 participants, coming from 225 different cities, representing 30 countries from Europe and other parts of the world. One speaker came all the way from China and shared with us the result from two of his studies.

The workshops were very popular and the workshop SCREAM taught us: if something unexpected happened, be prepared with a plan B and C.

The Poster board together with the oral presentations covered most areas of intensive care. Our keynote speakers gave us their view on hot topics for the critically ill. Professor Paul Fulbrook gave us a

piece of EfCCNa history and development, Professor Leanne Atkins spoke about psychological and cognitive recovery after critical illness and Professor Stijn Blot gave us guidelines about antibiotics and emphasized the importance of how to administer them correctly.

The Belfast Congress also hosted the first Global Session of nurse leaders from EfCCNa, ESICM, WFCCN and SCCM and reported on future challenges and issues impacting on critical care nurses and their practice. The Global Session will become an integral part of each society's conferences in the future.

Resulting from this inaugural session, the nurse leaders declared their commitment to work together and hence the Declaration of Belfast was established. The Industry contributed with a good exhibition and was well visited by the delegates. The exhibitors were pleased and rated the overall impression of the Belfast congress as good.

#### **President's Lunch at the Belfast Congress:**

The presidents of EfCCNa member associations held engaging meeting and lunch during the EfCCNa Belfast Congress. This first time event in EfCCNa history provided a welcome opportunity for 16 Presidents from the national associations to engage with each other and the EfCCNa procedures. The key outcomes of the meeting were an agreement for continuing dialogue at congress, a sharing of ideas on how to attract/recruit new members and promotion of the EfCCNa exchange programme.

#### **Successful engagement in EU grants**

The first period of the MICE-ICU project was finished in September 2017, and the outputs were a literature review and survey questionnaire. The second period started in October 2017 and will last until September 2018. This part of the project contains developing and publishing an online educational course. The course is expected to be published in May 2018 and will be free to download from the MICE-ICU webpage and later from the EfCCNa website. The project will end with a Cultural Competence and Education Symposium in September 2018.



Project members published an editorial on this topic "The Migrant crisis and the importance of developing cultural competencies in the ICU" <https://www.ncbi.nlm.nih.gov/pubmed/28834030> in September 2017.

#### **The Belfast Declaration: Promoting and Supporting Optimal Critical Care Nursing Practices Worldwide:**

The Belfast Declaration established in recognition of the First Global Critical Care Nursing Organizations Joint Meeting.

The organizations pledge to the following:

- Identify opportunities to collaborate in further advancing critical care nursing education, practice, research, and policy.
- Advocate for the highest standards of critical care nursing practice worldwide.
- Advance the state of critical care nursing globally, including supporting further development of education and practice in resource limited countries.
- Advocate for multi-professional team based practices where the contributions of all members of the team are acknowledged, supported, and promoted.

- Advance patient and family-centered care and engagement to support care and recovery of the critically ill both within and after ICU.

The Belfast declaration can be found here:

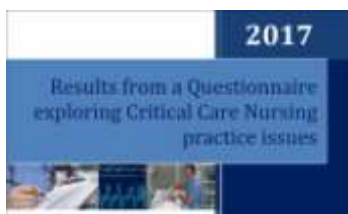
[http://www.efccna.org/images/stories/newsletter/2017\\_2\\_NL.pdf](http://www.efccna.org/images/stories/newsletter/2017_2_NL.pdf)

#### **Global Sepsis Award:**

EfCCNa's Council member from Croatia, Jelena Slijepcevic, and her colleagues were awarded with the 2017 Global Sepsis Award for their outstanding campaign 'Stop Sepsis in Croatia'!

**EfCCNa's fellow Jos Latour**, Professor in Clinical Nursing, was appointed as an advisor to Hunan Children's Hospital in China this year. He works to establish a nursing research team, apply for re-search funding and develop major scientific research orientation.

#### **EfCCNa Questionnaire on Critical Care Nursing in Europe:**



The need to generate a brief 'snap-shot' of critical care and critical care nursing delivery, education and resourcing was articulated by members of the EfCCNa Council and governing Board. The intention was to capture data from a number of European countries that were represented by EfCCNa Council members.

To facilitate this, a questionnaire was drafted by members of the EfCCNa Board, and then during the autumn 2014 EfCCNa Council meeting which was held in Warsaw, a questionnaire was circulated and completed by attendees (n=16). Link to results:

[http://www.efccna.org/images/stories/news/2017\\_Questionnaire.pdf](http://www.efccna.org/images/stories/news/2017_Questionnaire.pdf)

#### **8<sup>th</sup> EfCCNa Congress Ljubljana 2019**

Plans are well underway for the 8<sup>th</sup> Congress in **Ljubljana**. We have secured three excellent keynote speaker; Ruth M. Kleinpell, PhD, RN, FAAN, FCCM, Kathleen M. Vollman MSN, RN, CCNS, FCCM, FAAN, Peter Nydahl, RN, MScN. We anticipate around 450 delegates and we developed a promotional video to attract international delegates to Slovenia. The program will include oral presentations symposia, workshops and an extensive poster wall in the exhibition area. Already we have attracted many companies.

## **Impact and value**

---

**The EfCCNa's continued funding of research awards** demonstrates the value that we place on driving forward research that will lead to improvements in practice for the benefit of patients. The 2017 research award was awarded to Marga Hoogendoorn from The Netherlands. The title of her research is 'Nursing workload on ICU: development and application of a model for the prediction of workload and nursing staff'.





In relation to sharing practice and our motto “Working Together Achieving More”, the **Exchange programme** continues to bring value to practice sharing. We have successfully secured a new partner for the Exchange Programme – the University Hospital Perugia, Italy.

**The Face book page** is achieving impact on widening our visibility with more than 1700 followers and more than 1000 hits per month. The federation effectively utilises Face book to promote EfCCNa activities and share developments within European critical care nursing. Specific posts have highlighted new research, online resources and conference opportunities.

## Future Plans

---

The 2017 activities and successes provide an excellent platform to strengthen the EfCCNa’s strategic plans for 2018.

### Strengthening research and education

1. Establishment of the CC-DEN (Critical Care – Doctoral European Nurses) group has provided us with an excellent opportunity to engage in European research. Our future plans are to provide a platform for future collaboration, particularly in:
  - a. COSMIC-NET: Communication of Symptoms in Intensive Care patients, lead Tone Rouston, Norway;
  - b. DecubicUs: led by Stijn Blot (ESICM)
  - c. MICE-ICU: Multicultural Care in European Intensive Care Units, lead Aleksandra Gutysz – Wojnicka, Poland
  - d. We held a successful one day scientific meeting of the 2<sup>nd</sup> CC-DEN group at the Queen’s University, Belfast in February 2017 [lead, Bronagh Blackwood]. This was attended by 55 participants and was funded by the research and development office of the Health and Social Care Trust, Northern Ireland.
2. EfCCNa will continue to provide funding for researchers in member associations for European Research Awards.
3. The Organizing and Scientific Committees are aiming for a successful 8<sup>th</sup> EfCCNa Congress for 2019, with a view to increasing the number of delegates and commercial exhibitors.



### Engaging with other organizations

The partnership between the World Federation of Critical Care Nurses, the European Society of Intensive Care Medicine and the Society of Critical Care Medicine is continuing and working together on a paper guiding providing guidance for nurses in relation to the new sepsis guidelines.



# Finances

---

In 2017, EfCCNa generated total revenue of € 208.846. The revenue was generated from membership fees (€ 20.697), payments for 2017 congress in Belfast (€ 177.854), Belfast city subsidy (€ 10.189) and other incomes (€ 105).

Total expenses amounted to € 178.383 and these are shown in the pie chart below.

