# 2017

## EfCCNa Annual Report For year ending 2016



European federation of Critical Care Nursing associations – EfCCNa

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## Introduction

Welcome to this year's annual report and accounts of the federation for the 2016-17 calendar year. This year has seen a lot of activity as we prepare for our 2017 Congress in my home town of Belfast, N. Ireland. We are well on our way to providing what should be another successful Congress that will meet our strategic objectives in representing critical care nurses and nursing in Europe; promoting co-operation and collaboration; promoting the art and science of science of critical care nursing; and establishing standards for education and practice. In the past year, through the work of our project groups, we have achieved many goals and objectives to focus resources and efforts to accomplish more of our mission. These include improving the recognition of critical care as a specialty in Europe; actively engaging in EU health care policy; strengthening our collaborations with other international groups; and seeking new ways of collaborating with industry in partnership. I am confident that these achievements will provide a stronger and more visible federation that 'achieves more' for the future of critical care nursing in Europe.

B. Blackwood

Professor Bronagh Blackwood President

### Activities

Administrative details Board of Officers Bronagh Blackwood (President) Anne Kokko (Vice President) Colette Ram (Secretary) Drago Satosek (Treasurer) Eva Barkestad (Board member with responsibility for Congress) David Waters (Board member with responsibility for European Affairs)

Council of Representatives Country, association members and representatives can be found at http://www.efccna.org/about/member-associations

#### **Meetings Update**

Two Council of Representative meetings were held in 2016: March in Paris and October in Ljubljana. The Board of Officers conducted nine Skype Meetings and two face-to-face meetings (one before each Council meeting).

#### **Representation/members**

By the end of 2016, EfCCNa had 28 member associations from 26 different European countries representing approximately 25.000 individual nurse members.

#### New national representatives:

We said goodbye to some of our excellent representatives and welcomed new representatives. Cyprus – Maria Foka replaced Evanthia Georgiou; Iceland - Auður Sesselija Gylfadottir replaced Gudrun Jonsdottir; Croatia – Jelena Slijepčević replaced Adriano Friganovic.

#### **Activity dissemination**

EfCCNa published two newsletters for member distribution highlighting its activities. These are available on the EfCCNa website <u>http://www.efccna.org/about/efccna-newsletters</u>. Additionally, the EfCCNa provided regular information dissemination via its Face Book page <u>https://www.facebook.com/EfCCNa?ref=bookmarks</u>.

#### EfCCNa manual updated

The EfCCNa manual is a tool for managing the EfCCNa procedures. Minor updates were undertaken in recent years and in 2016 a larger update was needed to make some processes more clear and to update the changed structures. We updated: the Rules of Procedure; the Profile of Roles; and the programme structure. A Standard Operating Procedure for payment of fees was added to the Manual. All changes were agreed at the EfCCNa spring council meeting in Paris. The EfCCNa Manual 2016 was also published on EfCCNa website.

#### **Ongoing projects in 2016**

*Commercial co-operation*: Elin Steffinak chair, Kaisa Jakobsson, Paul van den Heiden. Ongoing project: a key objective of this project is to promote collaboration with industry.

*EU engagement resource*: David Waters chair, Karin Klas, Iben Tousgaard, Frederique Paulus. Ongoing project: the main aim of this project is to develop a tool box resource that will help member associations to engage with EU political agencies

*Pain management standard development*: Andreas Schäfer chair, Victor Gomez, Julie Benbenishty, Aleksandra Gutysz-Wonjnicka, Sylvia Scelsi. This project will provide guidance on best practice in pain management in ICU.

*Congress 2017*: Organising Committee Chair, Eva Barkestad; Scientific Committee Chair, Bronagh Blackwood and Depty Frederique Paulus; Executive Committee Eva Barkestad, Bronagh Blackwood, Elin Steffenak, Rosa Thorsteinsdottir, Ronald Ligterink.

## Our achievements

The following are the EfCCNa's key achievements in 2016, measured against the objectives we set.

#### Successful engagement in EU grants



One of our member associations, the Polish Association of Anesthesia and Intensive Care Nurses, led by Aleksandra Gutysz –Wojnicka and partnered by Danmar Computers and EfCCNa, was successfully awarded a European grant from the Erasmus+ 2014-2020 for Cooperation for

Innovation and the Exchange of Good Practices. The study, called Multicultural Care in European ICU (MICE-ICU) will improve the knowledge, skills and social competence of ICU nurses when caring for a culturally dissimilar patient in the ICU through offering a course on multicultural nursing. The project target groups are ICU nurses from Poland, Czech Republic, Italy, and Slovenia.

The first project meeting was held in Poland in November 2016. EfCCNa takes the lead in the dissemination group (Irene Harth) and has also representatives in the groups of management (Eva Barkestad, Kaisa Jakobsson and Drago Satosek), evaluation and research (Julie Benbenishty and Bronagh Blackwood).

EfCCNa immediately set up a dissemination plan and introduced the project to Critical Care nurses in Europe through its member organisations; development of a MICE-ICU web site; a Face book and Twitter account. Project posters and a brochure were also designed to professionally promote the project on future congresses and similar events.

#### Widening participation

This year we warmly welcomed two new associations to the EfCCNa family: The Irish Association of Critical Care Nurses and the Intensive Care Nursing Society of Macedonia. The Council voted to accept the two new members and welcomed as representatives, Zaneta Bogaevska-Miteva from Macedonia, and Eimear Fitzgerald from Ireland. We established mentorship plans to support and advise new representatives to get involved more easily to EfCCNa work and procedures. The mentoring process is individual and unformal, and is done mainly via email.

#### Collaborating with other organisations on political issues

EfCCNa partnered with 16 other European organisations and societies in endorsing the statement on the war in Syria by the Italian Society of Anesthesia, Analgesia, Reanimation and Intensive Care (SIAARTI). The statement calls for action by supporting this statement against the atrocities in Syria. The statement was published in the high impact medical journal, Lancet, & can be found here <a href="http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(16)32593-4/fulltext">http://www.thelancet.com/journals/lancet/article/PIIS0140-6736(16)32593-4/fulltext</a> and on our website <a href="http://www.efccna.org/news?start=35">http://www.efccna.org/news?start=35</a>.

#### 7th EfCCNa Congress Belfast 2017

Plans are well underway for the 7<sup>th</sup> Congress in Belfast. We have secured three excellent keynote speakers: Professor Leanne Aitken, London University, England; Professor Paul Fulbrook, Australian Catholic University, Brisbane Australia; and Professor Stijn Blot, Ghent University Belgium.

We anticipate around 450 delegates and we developed a promotional video to attract international delegates to Northern Ireland (see <u>https://www.youtube.com/watch?v=vQyLoRR8jk</u>).

The program will include oral presentations symposia, workshops and an extensive poster wall in the exhibition area. Already we have attracted many companies: Orion Pharma has agreed to be the main sponsor of the event and will provide a speaker for the sponsored session.

#### EfCCNa President Bronagh Blackwood won Belfast Ambassador's Award.



President of EfCCNa, Bronagh Blackwood, won a prestigious Belfast Ambassador's award for recognition of her work in bringing critical care nursing conferences to Belfast, Northern Ireland.

In 2009 the BACCN International Conference was hosted in Belfast and in 2017 the EfCCNa Congress will come to Belfast.

#### **European Engagement**

In representing critical care nurses across Europe, EfCCNa works closely with the European Specialist Nurses Organisation [ESNO, www.esno.org]. ESNO brings together all specialist nursing groups from across Europe and currently has 18 member organisations, including EfCCNa. ESNO plays a political and strategic role within the EU, through active engagement and dialogue with key policy makers and EU bodies, such as European Commission departments focusing on healthcare and workforce.

In April 2016 the Board member for European Affairs, David Waters, participated in an ESNO Council meeting in Brussels, Belgium. During the meeting plans were made for the next ESNO Summit, which is scheduled for November 2017 and will focus on the topic of 'the Specialist Nursing contribution to the transition from secondary care to primary care'. David is of the Summit Scientific Committee, with a remit to contribute to the development of the Summit programme and presentation selection.

#### Critical Care Doctoral European Nurses (CC-DEN) group



The CC-DEN group is moving from strength to strength. Since its launch in 2015 with 43 members, we gained another 16 members in 2016.

A number of members collaborated on submitting a Horizon 2020 Marie Skłodowska-Curie Innovative Training Networks application. The COSMIC-NET study will conduct essential research into ICU patients' symptoms, communication of these symptoms and the impact of ICU on cognitive functioning. It will develop mechanisms to support patients, family caregivers and professionals in these

areas, leading to reduced suffering. The COSMIC-NET will provide collaborative research and a training program for early stage researchers, and will train a new generation of PhD candidates. The consortium consists of leading experts within this field of research from Northern-Europe (Rustøen-leader, Lerdal, van den Boogaard, van Achterberg , Blackwood, Egerod, Gilstad), form respectively, Norway, Netherlands, Belgium, N. Ireland and Denmark.

A second, one-day meeting of the CC-DEN is planned for the day before the EfCCNa Congress in Belfast. We have successfulyl acquired funding for this international meeting from the Northern Ireland, Health & Social Care, Research & Development Division. The meeting will be hosted at Queen's University Belfast and includes an International Faculty Panel to guide discussions.

## Impact and value

**The EfCCNa's continued funding of research awards** demonstrates the value that we place on driving forward research that will lead to improvements in practice for the benefit of patients. The 2015 EfCCNa research award titled Dandelion: Danish Delirium Study on Neuro-intensive Care Patients, is successfully ongoing.



**The EfCCNa Research Award for 2016** was awarded to Geraldine O'Gara (BACCN). Geraldine works in the Royal Marsden in London as a research nurse in the Department of Critical Care/ Nursing, Rehabilitation & Quality Assurance. Her study

will explore the needs of family members of patients with a chronic illness who are in critical care, and develop a family support intervention.

In relation to sharing practice and our motto "Working Together Achieving More", the Exchange programme continues to bring value to practice sharing. We have successfully secured a new partner for the Exchange Programme – the University Hospital Perugia, Italy.

**The EfCCNa Face Book page** is achieving impact on widening our visibility with more than 1300 followers and more than 1000 hits per month. The Federation effectively utilises Face Book to promote EfCCNa activities and share developments within European critical care nursing. Specific posts have highlighted new research, online resources and conference opportunities.

## **Future Plans**

The 2016 activities and successes provide an excellent platform to strengthen the EfCCNa's strategic plans for 2017.

#### Strengthening research and education

1. Establishment of the CC-DEN group has provided us with an excellent opportunity to engage in European research. Our future plans are to provide a platform for future collaboration, particularly in:



- a. COMIC-NET: Communication of Symptoms in Intensive Care patients, lead Tone Rouston, Norway;
- b. MICE-ICU: Multicultural Care in European Intensive Care Units, lead Aleksandra Gutysz Wojnicka, Poland
- c. To hold a successful scientific meeting of the 2nd CC-DEN group for February 2017 [lead, Bronagh Blackwood].
- 2. EfCCNa will continue to provide funding for researchers in member associations for European Research Awards.
- 3. The Organizing and Scientific Committees are aiming for a successful 7th EfCCNa Congress for 2017, with a view to increasing the number of delegates and commercial exhibitors.

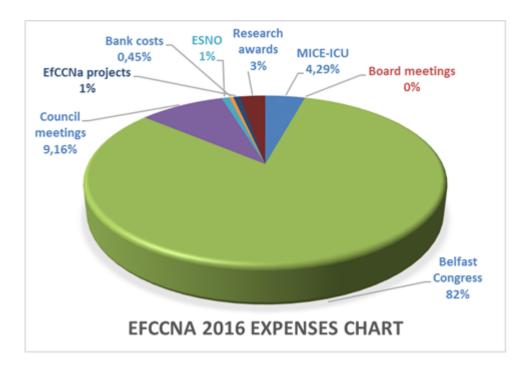
#### Engaging with other organisations

- EfCCNa continues its engagement with the World Federation of Critical Care Nurses and is participating in the WFCCN survey through assisting with recruitment of ICU nurses through its member associations. This survey will provide much needed contextual information about workload, training and practice.
- The partnership between the WFCCN, the European Society of Intensive Care Medicine and the Society of Critical Care Medicine will be strengthened at the 7<sup>th</sup> EfCCNa Congress as representatives will present a joint session on current global topics pertinent to critical care nurses.

## Finances

In 2016, EfCCNa generated a total revenue of € 60.958,90. The revenue was generated from membership fees (€ 21.172,50), prepayments for 2017 congress in Belfast (€ 16.560,00) and project MICE-ICU prepayment (€ 23.226,40).

Total expenses amounted to  $\notin$  60.615,39 and these are shown in the pie chart below.



The European federation of Critical Care Nursing associations 2016



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