Promotion of hope in patients, cared for in an intensive care unit in Indonesia

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Background

- Indonesia 2009
- Challenged country in many aspects
- Post graduate thesis ICU Nurse
- Swedish International Development Cooperation Agency
- Hope and hopelessness – lack of studies in critically ill patients
Method

- Qualitative study
- Yogjakarta; RSUP Dr. Sardjito Hospital tw. Gadjah Mada University
- 5 intensive care nurses (3 F + 2 M)
- 15,2 years in general experience within ICU/ICCU
- Interviews (lived experience of hope)
- Content analysis
Findings

- Illumination of hope to patients through communication

Promote hope:
- Through conversation
- Through verbal and nonverbal communication
- By including the family
Findings

- Illumination of hope to patients through religion
  - Ceremonies, prayers, discussions
  - Inspire to pray
Findings

- Illumination of hope to patients through compliance and/or restrictions
- Unrealistic expectations

… After the implantation he continues smoking, I told him that even though you have implantation the risk for the stenosis is still there… usually patient with to much hope does not take information very well… they deny they are sick…
”So, from my assessment I use the best intervention for the patient. Because I believe every patient is a unique person so they have to use... I have to use different intervention for different patient. So, I have to have some kind of art dealing with the patient.”

One of the respondents, April 2009, Yogjakarta - Indonesia