



Newsletter 1, Autumn 2011



4th EfCCNa Congress and FSAIO Spring Congress

Special points of interest:

- * 4th EfCCNa Congress and FSAIO Spring Congress - a Report
- * Scholarship Awards 2011
- * Success Story – The EfCCNa Exchange Program

The 4th EfCCNa & FSAIO Congress 2011 was successfully held on March 24 – 26, 2011 at the brand new Tivoli Congress Centre Copenhagen, perfectly located in walking distance to the city centre.

This unique congress of two critical care nursing organizations - EfCCNa and the Danish Professional Society for Nurse Anesthetists, ICU- and Recovery Room Nurses (FSAIO) was collaboratively organized under the motto:

***European Critical Care Nursing:
Working together for a better
Tomorrow***

The International Scientific Committee was pleased that more than 200 abstracts were received, resulting in a programme that covered 28 scientific sessions with 135 oral presentations and over 70 posters. The speakers came from 27 European countries, South Africa, Australia, Brazil, Singapore, and the USA.

The three days programme included a variety of clinical, educational, and research topics, able to provoke lively discussions between the more than 700 delegates from 32 countries.



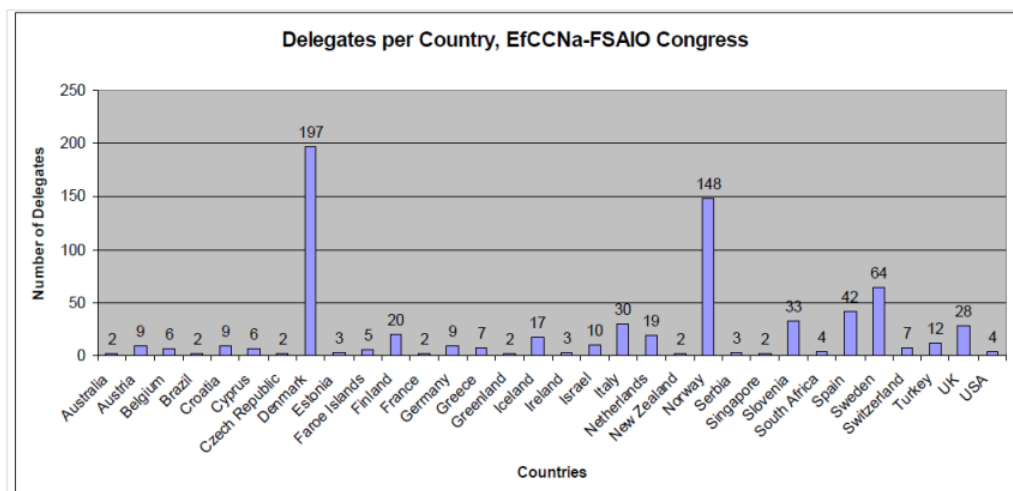
Tivoli Congress Center
DOWNTOWN COPENHAGEN

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What you should know:

All presentations of the Copenhagen Congress are available on the EfCCNa web site



EfCCNa Travel Scholarship Awards 2011

The EfCCNa Travel Scholarships Awards have been introduced to recognise and celebrate the outstanding and unique contributions of practitioners and researchers to the advancement of critical care nursing.

At Copenhagen the **Young Scientist Award** was given to Eleni Kletsiou, Greece for her work on 'Substance P and NPY plasma levels in adults with chest pain due to coronary artery disease: potential indicators for nursing assessment'.



The **Award for Best Practice** was received by Katia Padilha, Brazil for her contribution on Patient Safety in ICU: Which factors are associated to the occurrence of nursing related adverse events?

Congratulation to the awardees!



The EfCCNa Young Scientist Award
Eleni Kletsiou



The EfCCNa Award for Best Practice
Katia Padilha

EfCCNa Board of Officers 2011–2012



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EfCCNa Autumn Meeting Israel – Social Highlights

It was with a great anticipation that I started my journey from Reykjavik via London to Israel, to participate in our autumn meeting. The Israeli Society of Intensive and Cardiac Care Nurses together with Julie Benbenishty, the EfCCNa representative had obviously worked hard to make sure we would not be disappointed over our stay there.

The meeting itself was scheduled on Saturday and Sunday, Oct 29-30. But already on Friday morning Julie took the group on the first tour to the Shuk Machne Yehuda, an open food market which was a great and colorful experience.

After lunch that same day a mini bus was waiting outside the hotel ready to take us on an unforgettable trip to the Dead Sea where we spent 2 hours floating in the magical salty water. The trip down there from Jerusalem took about 45 minutes and what an experience to drive down from the Jerusalem hills below sea level and into the white desert.

Then the trip continued to Kibbutz Kalia to visit our colleague Gili Benari and her husband Motti. They are founding members of Kibbutz Kalia and they were taking us on a guided tour through the kibbutz to tell us about the founding idealism, culture, social and economic history and current events. After hearing that interesting and inspiring story we stopped by their house to have limonade, cookies and THE BEST dates I have ever tasted - their own harvest at Kibbutz Kalia.

On Saturday night another wonderful event was awaiting us as Ofra Raanan, the President of the Israeli Society of Intensive and Cardiac Care Nurses gave us a real taste of a home hospitality by inviting us all to her house for dinner. Delicious food and drinks were served, the weather was beautiful and we could enjoy our food both in – and outside.

This was a great opportunity to meet and get acquainted with our Israeli colleagues and prominent guests, to share knowledge and experience in critical care nursing across borders. But it also showed to be an evening full of fun and surprises with singing and dancing.

It was a happy group that went back to the hotel agreeing that this was a lovely and exceptional experience to be invited to someone's home. This was a really touching gesture and showed the good heart and hospitality of our Israeli colleagues.

On behalf of us all I would like to thank you Ofra Raanan, Julie Benbenishty and Gili Benari for giving us this opportunity to experience their hospitality and country at it's best, leaving wonderful memories that will stay with us always.

THANK YOU!

Rósa Thorsteinsdóttir, President of EfCCNa



Research Priorities of Adult Intensive Care Nurses in 20 European Countries: a Delphi Study

The EfCCNa Delphi study of research priorities of adult intensive care nurses in Europe is available in the Journal of Advanced Nursing (Vol. 67, Issue 3, pages 550—562, March 2011)

EfCCNa thanks all council members who have contributed to this study and our colleagues Bronagh Blackwood, John W. Albarran Jos M. Latour to get the project ready.





EfCCNa Council Meeting October 2011, Jerusalem, Israel

The autumn meeting of EfCCNa was held on October 29 – 30, 2011. On behalf of the Israeli Cardiac and Critical Care Nursing Association Julie Benbenishty has invited the EfCCNa board and national representatives to a perfectly organised meeting in her country.

The council meeting started with a round table in order to get the most relevant information from the member societies and the respective countries in Europe.

Main topics of concern were

- Changes in the nursing education – maybe due to the lack of nurses some European countries are switching back from the university level of nursing education to a professional diploma (e.g. Sweden)
- Shortage of nurses – all European countries are facing this problem with one exception: Denmark; in UK due to financial cut backs in health care the profession of nurse assistants was reactivated (nurse aids)
- Economical problems – enormous financial problems in Greece, but also Slovenia and Belgium (cut backs in salary and financial benefits) were reported

As a result of this information EfCCNa realized the need for setting up a statement on educational standards for Intensive Care Nursing.

The membership application of the Malta Critical Care Nursing Association was accepted.

EfCCNa finances — a discussion followed on how best to generate income.

Results from the working groups

Clinical Practice Committee – future action is to set up a position statement about pain management and a second one about weaning from ventilation.

Educational Committee – is going to develop a European wide document on required competencies for nurses working in ICU

Exchange Program – this program is going to be handled in the future by the educational committee. So far, from 2006 on, 38 nurses have successfully participated in the program.

Research and Development Committee – the R&D Committee is exploring a future project on assessing and improving palliative care in ICU in Europe.

Next CM meetings:

Spring: 28 - 29 April 2012 Lugano, CH

Autumn: 8 – 9 September 2012, Brighton, UK

Irene Harth, Chair Promotion Committee



30th National Congress of ANIARTI - Italy November 2011

"Nurses, Critical Care Area and the Challenge of Economy"



More than 1000 nurses from all over Italy attended the national congress, celebrating the foundation of Aniarti 30 years ago – the Italian Association of Critical Care Area Nurses.

The crucial issue of the economy and its implications to the nursing care was the key issue.

Experts of political sciences, economy, health administration, journalists, sociologists, nurses specialist on ethics and health care organisation presented their considerations and proposals stimulating a rich debate with the delegates.

7 parallel sessions with 105 speakers of nursing experiences, research, projects; all were oriented to consider also the economical side of their specific issue. 39 posters evidenced the interest of the Italian nurses for the problem of the economy, becoming critical in order to assure a quality nursing care.

7 special events on technical procedures (simulation, echo-guided IV catheterization, hemodynamics) or professional problems (nurses/doctors professional competences and relationship) were organized with full participation of delegates.

During the congress there was also the celebration of the 30 years of activity of Aniarti, that since 1981 gathers and connects the best Italian nursing experiences in the critical care area. At the end of the congress a *position statement* of Italian critical care area nurses concerning the economical situation and its effects on the nursing care was presented.

The 31st Aniarti congress was also announced for November 2012 and the title is:

"Nurses and quality of life in critical care area. Competence, technology, procedures, efficiency, resources, relationships, politics, rights, ethics, utopy".

We strongly hope it will reach the same success as in 2011!

Elio Drigo, President of ANIARTI

30 Years of ANIARTI Achievements:

- * Definition of the critical care concept (1984)
- * First specialist program critical care nursing in Italy (1988)
- * More than 400 educational events in Italy
- * Annual congress on critical care
- * EfCCNa Aniarti Congress 2008
- * Research projects

EfCCNa welcomes 25th Member Association - MCCNA

The Malta Critical Care Nurses Association (MCCNA) was founded by a group of ITU nurses on the 24th of February 2011. The main objective of this association is to first of all seek to move forward and enhance the knowledge of the intensive care nurses. Initially it all started with the organization of various social activities which serve to unify and strengthen the nurses together.

After setting our statute, the much dedicated committee agreed that we have to seek and affiliate ourselves with a strong federation which can guide and support us in achieving our goals.

Actually after the council of Jerusalem the EfCCNa Council has accepted the Malta Critical Care

Nurses Association to form part of a larger family of intensive care nurses. Without any doubt the committee and all the Maltese Intensive care nurses were very happy and proud that of such a step forward was accomplished, however we are now willing, committed to work and contribute within this Federation. The President and the committee of the Malta Critical Care Nurses wishes all a Happy Christmas and a prosperous New Year.

Jevon Schembri, President Malta Critical Care Nurses Association



Success Story –The EfCCNa Exchange Program

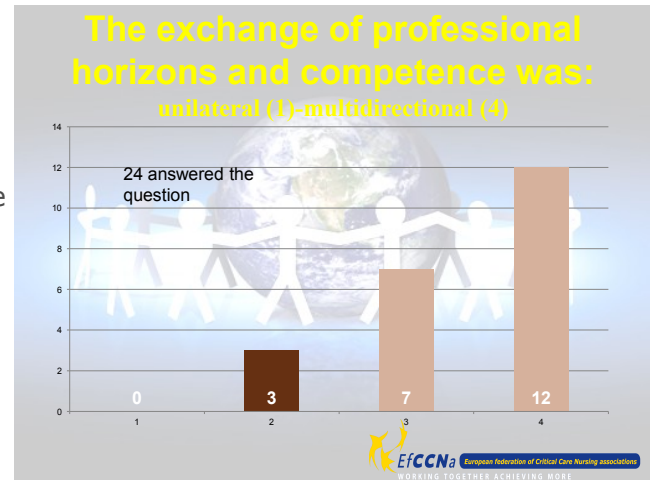
Since 2007 42 Critical Care nurses (CCN) from different countries have participated in the exchange program. The Serbian national association has sent the largest group of nurses participating from one country.

During the year of 2011 two Spanish CCN went for a visit to England and one Italian CCN from Genoa visited the University hospital Karolinska Solna in Stockholm for 5 days.

In their evaluation forms the participants valued the exchange of professional skills and sharing competences with critical care nurses from the host country. They were also grateful for all the help with the arrangements made by the representative from the hosting country and mentioned positively the support from the local mentor who was in charge of the program at the visiting hospital. Fantastic hospitality from colleagues from another country was something they mentioned several times.

Eva Barkestad, Chair Exchange Program

EfCCNa—Working together—Achieving more



EfCCNa Fellows 2011

The Honorary Fellowship Awards 2011 were given to three people who are all founding members and have been a part of *EfCCNa* since the very beginning. They have all, each in their own way through their roles and assignments contributed to the growth and development of *EfCCNa*.



John Albarra, UK

John has been chair of the Research and Development committee from the very beginning and is responsible for driving forward critical care nursing research in Europe.



Heike Strunk, Germany

Heike is the pioneer of *EfCCNa* and has been instrumental in developing the constitution, the roles and the responsibilities of members and has been the secretary of *EfCCNa* from the very beginning.



Elio Drigo, Italy

Elio has since the very beginning helped *EfCCNa* grow and be strong both in relation to education and clinical practice.

EfCCNa congratulates and thanks our new Fellows for their invaluable contribution.



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EfCCNa www.efccna.org

Congress Announcements 2012

8th World Federation of Critical Care Nurses & 5th CNSARICT Congress

Šibenik, Croatia 12-15 April 2012.

➤ www.wfccn2012.org

7th Nordic Interdisciplinary Congress on Qualitative Methods in the Service of Healthcare

Stockholm, Sweden, 13–15 May 2012

➤ www.esh.se/institutioner/vaardvetenskap/qmsh12.html

BACCN Annual Congress

Brighton, 10–12 September 2012

➤ www.baccn2012.org.uk

23rd ESPNIC Medical & Nursing Annual Congress & 4th Congress of EAPS

Istanbul, Turkey, 6–9 October 2012

➤ www.kenes.com/paediatrics

ESICM Lives 2012

Lisbon, Portugal, 13–17 October 2012

➤ www.esicm.org

5th EfCCNa & UNIARS Congress 2013

The International Scientific Committee for the 5th EfCCNa & UNIARS Congress 2013 in Belgrade invites abstracts of relevance to the discipline of critical care nursing including intensive care, cardiac care, anaesthesia, emergency care, paediatric & neonatal intensive care, recovery room and anaesthesia. The congress aims to cover the broad spectrum of critical care practice, education, management and research that emphasise international importance to European healthcare services.

The abstracts should fit into the major congress themes:

- *Developing clinical practice*
- *Advancing the care of the critically ill*
- *Innovative roles*
- *Applying technologies*
- *Quality assurance and service improvements*
- *Informing practice through research*

DEADLINE ABSTRACT SUBMISSION: 1 November 2012

www.efccna2013.rs



Dr. Bronagh Blackwood — new member of the DGF Advisory Board



The German Society of Specialised Nursing and Health Technicians ([Deutsche Gesellschaft für Fachkrankenpflege und Funktionsdienste](#)—DGF) is very pleased to announce that EfCCNa Vice - President Dr Bronagh Blackwood, PhD, MSc, DASE, BSc (Hons) agreed to become member of the DGF Advisory Board.

Dr. Blackwood is Lecturer at the School of Nursing & Midwifery of Queen's University Belfast and her expertise and publications are related to mechanical ventilation and weaning in adults and children.

Heike Strunk, RN, CCRN, CRNA, MN

DGF Delegate of International Affairs / EfCCNa Secretary & Fellow of EfCCNa

News



New ESPNIC Nursing Science section established

The aims for the ESPNIC sections in general are to:

- * Provide education, develop guidelines and position statements
- * High quality contribution to conferences and meetings
- * Support and coordinate research of society members

Chairs of the section are Lyvonne Tume (UK) and Erwin Ista (NL).

*Please email Lyvonne on
Lyvonne.tume@alderhey.nhs.uk
if you are interested in joining
this group*

EfCCNa supports the EFCNI White Paper on Maternal and Newborn Health and Aftercare Services

The European Foundation for the Care of Newborn Infants (EFCNI), parents, health professionals and politicians from across Europe came together for the first time to demand concerted action to improve the care of preterm and newborn infants in the European Union.

The *Call to Action for Newborn Health*, launched in collaboration with the European Parliament's Interest Group on Maternal and Neonatal Health, alongside *Caring for Tomorrow: EFCNI White Paper on Maternal and Newborn Health and Aftercare Services*, calls on European and national policy makers to address the growing health inequalities encountered by preterm infants and their families.

Link to the White Paper: [http://www.efcni.org/fileadmin/Daten/Web/Reports/EFCNI_White_Paper/Caring_for_Tomorrow - EFCNI White Paper.pdf](http://www.efcni.org/fileadmin/Daten/Web/Reports/EFCNI_White_Paper/Caring_for_Tomorrow_-_EFCNI_White_Paper.pdf)

Call to Action for Newborn Health—give us your support and our preterm infants by voting online at <http://www.enemenemini.eu/>. The European campaign "ene, mene, mini" will stay online for the next months and the votes will serve as an additional argument for EU and national policy makers and other stakeholders for urgent action in the fields of maternal and newborn health as well as the implementation of adequate aftercare services.

Link to the Call to Action for Newborn Health: [http://www.efcni.org/fileadmin/Daten/Web/Call to Action for Newborn Health/EFCNI CALLFA Print.pdf](http://www.efcni.org/fileadmin/Daten/Web/Call_to_Action_for_Newborn_Health/EFCNI_CALLFA_Print.pdf)



Silke Mader (Chair of EFCNI) and Jos Latour (Representative of ESPNIC, EfCCNa, WFPICCS) signing the Call to Action at the European Parliament in Brussels

Highlights in Laws, Regulations & Documents

Implementation of the Professional Qualifications Directive (Directive 36) (25/07/2011)

Last 13 July 2011, the European Parliament Committee on Employment and Social Affairs discussed the report on the implementation of the Professional Qualifications Directive 2005/36/EC, and called on the Commission for simplifying procedures increasing the automatic recognition of qualifications, for a strengthened cooperation between member states, and for an internal market instrument, such as the IMI, which is easily accessible and safeguards data protection.

The Committee believes that it is necessary to monitor and update the minimum requirements for professions like nursing and to allow updates in degrees and qualifications. The Committee also believes that the free movement of persons and of workers is one of the key benefits of European integration; and therefore encourages all initiatives that aim to facilitate cross-border mobility as a means to the efficient functioning of labour markets and to enhance economic growth and competitiveness within the EU. <http://www.efnweb.org/version1/en/index.html>

Heike Strunk, EfCCNa Secretary

Highlights in Bibliography 2011

Heike Strunk

The Role of Standardized Protocols regarding Unplanned Extubations in a Medical Intensive Care Unit

By Mary Jarachovic, RN, BSN, Maggie Mason, RN, BSN, Kathleen Kerber, RN, MSN, ACNS, BC, and Molly McNett, RN, PhD; *Am J Crit Care* 2011;20:304-312

Published online <http://www.ajconline.org> © 2011 American Association of Critical-Care Nurses

Standardized multidisciplinary protocol improves handover of cardiac surgery patients to the intensive care unit*

Joy, Brian F. MD; Elliott, Emily RN, MSN, CPNP; Hardy, Courtney MD; Sullivan, Christine MBA, MS; Backer, Carl L. MD; Kane, Jason M. MD, MS

http://journals.lww.com/pccmjournal/Abstract/2011/05000/Standardized_multidisciplinary_protocol_improves.9.aspx

Pediatric Critical Care Medicine: May 2011 - Volume 12 - Issue 3 - pp 304-308,

Subglottic secretion drainage for the prevention of ventilator-associated pneumonia: A systematic review and meta-analysis*

Muscedere, John MD, FRCPC; Rewa, Oleksa MD; Mckechnie, Kyle MD; Jiang, Xuran Msc; Laporta, Denny MD, FRCPC; Heyland, Daren K. MD, FRCPC

http://journals.lww.com/ccmjournal/Abstract/2011/08000/Subglottic_secretion_drainage_for_the_prevention.17.aspx

Critical Care Medicine: August 2011 - Volume 39 - Issue 8 - pp 1985-1991,

Delirium in the Intensive Care Unit: Assessment and Management

Pun, Brenda T. RN, MSN, ACNP; Boehm, Leanne RN, MSN, ACNS-BC

AACN Advanced Critical Care, July/September 2011 - Volume 22 - Issue 3 - p 225-237

http://journals.lww.com/aacnadvancedcriticalcare/Abstract/2011/07000/Delirium_in_the_Intensive_Care_Unit_Assessment.7.aspx

Delirium in the Intensive Care Unit Assessment.7.aspx

Effects of Systematic Oral Care in Critically Ill Patients: A Multicenter Study

Nancy J. Ames, Pawel Sulima, Jan M. Yates, Linda McCullagh, Sherri L. Gollins, Karen Soeken, and Gwenyth R. Wallen

Am J Crit Care 2011;20 e103-e114, <http://ajcc.aacnjournals.org/content/20/5/e103.full.pdf+html>

Withholding or withdrawing therapy in intensive care units: an analysis of collaboration among healthcare professionals.

Jensen HI , Ammentorp J , Erlandsen M , Ording H ., *Intensive Care Med.* 2011 Aug 30. [Epub ahead of print],

<http://www.ncbi.nlm.nih.gov/pubmed/21877211>

"Communication Difficulties and Psychoemotional Distress in Patients Receiving Mechanical Ventilation"

Rabia Khalaila, RN, PhD, Wajdi Zbidat, RN, MPA, Kabaha Anwar, RN, BSN, Abed Bayya, MD, David M. Linton, MD and Sigal Sviri, MD; Corresponding author: Rabia Khalaila, RN, PHD, Head Nurse, Medical ICU, Hadassah-Hebrew University Medical Center, PO Box 91120, Jerusalem, Israel. *Am J Crit Care* November 2011 vol. 20 no. 6, <http://ajcc.aacnjournals.org/content/20/6/470.abstract?eto>

Decisional responsibility for mechanical ventilation and weaning: an international survey

Louise Rose, Bronagh Blackwood, Ingrid Egerod, Hege Selnes Haugdahl, Jose Hoffhuis, Michael Isfort, Kalliopi Kydonaki, Maria Schubert, Riccardo Sperlinga, Peter Spronk, Sissel Storli, Daniel F McAuley and Marcus J Schultz.

Critical Care 2011, 15:R295 Published: 14 December 2011 <http://ccforum.com/content/pdf/cc10588.pdf>

Impressum:

The EfCCNa Newsletter

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